

# Lunch Menu

Served from 12pm - 2pm



## Sandwiches

Toasted ciabatta, served with a mixed salad & fries

**Cheese, apple chutney & rocket (V)** £7.95

**Ham, mustard mayo & rocket** £8.95

**Smoked salmon, cream cheese & rocket** £9.95

**Chicken, mozzarella & pesto** £11.95

**Steak, mushrooms & onion** £14.95

Gluten free sandwiches available on request

## Salads

**Chicken caesar (GFO)** £15.95

Grilled chicken, baby gem, croutons, Caesar dressing & parmesan

**Smoked mackerel (GF)** £15.95

Fine green beans, olives, cherry tomatoes & soft boiled egg

**Roasted butternut squash (V/GF)** £13.95

Homemade hummous, cherry tomatoes, beetroot & toasted almonds

+ Chargrilled chicken £4

## Classics

**Fish and chips (GFO)** £15.95

Battered local fish served with garden peas or mushy peas, fries & tartare sauce

**Stable Bar cheese & bacon burger (GFO)** £15.95

6oz beef burger, topped with melted cheddar, streaky bacon, tomato, red onion, baby gem, coleslaw & fries

**Buttermilk chicken burger (GFO)** £15.95

Served with melted cheddar, streaky bacon, baby gem, coleslaw, garlic mayo & fries

**Spiced butternut squash & chickpea (VG/GFO)** £14.95

Harissa spiced burger, served with baby gem, tomato, red onion, lime mayo, coleslaw & fries

**Upgrade your fries to sweet potato fries (GFO)** £1.00

## Pizzas

Artisan stone-baked, 12 inch pizzas with a rich tomato & basil sauce, finished with mozzarella

Gluten free pizza bases (+£1) & vegan cheese (+£1) available upon request

**Margherita (V/GFO)** £12.95

Mozzarella & fresh basil

**Wild mushroom (V/GFO)** £14.95

Wild mushroom, balsamic onions & truffle oil

**BBQ chicken (GFO)** £14.95

Sweetcorn & chipotle mayo

**Pepperoni** £14.95

Pepperoni & mozzarella

## Children's Menu

**9" Margherita pizza (V/GFO)** £7.95

**Tomato pasta (VG) or Mac & cheese (V)** £7.95

Served with garlic pizza bread

**Sausage & chips** £7.95

Served with beans or peas

**Chicken nuggets & chips** £7.95

Served with beans or peas

**Fish & chips (GFO)** £7.95

Served with beans or peas

**Moomaid Cornish ice cream (GF)** £3.50

One scoop of Vanilla & clotted cream, Strawberry, Belgian chocolate, or Sea salt caramel ice cream, or Passion fruit sorbet\*

## Sides

**Onion rings (V/GFO)** £3.95

**Fries (V/VG/GFO)** £4.95

**Cheesy fries (V/GFO)** £5.95

**Sweet potato fries (V/GFO)** £5.95

V = Vegetarian | VG = Vegan | GF = Gluten free | GFO = Gluten free option available. Please ask a member of staff

### ALLERGY ADVICE

For information on food allergies and intolerances, please speak to a member of staff.

We store produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.