

Breakfast Menu

Served from 9am - 11am



Cornish Breakfast

All served with white or brown toast (GFO)

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Cornish sausage, local bacon, Cornish free range egg, hogs pudding, baked beans, grilled tomato, Portobello mushroom & hash brown

Small £11

Large £13

Double up on sausages, bacon, eggs & hash browns

Vegan breakfast (VG/GFO)

Vegan sausage, grilled tomato, guacamole, Portobello mushroom, baked beans, hash brown & watercress

Small £11

Large £13

Double up on vegan sausages, tomato, mushroom & hash browns

Add egg +£1.50

Fried, scrambled or poached eggs - specify your choice when ordering.

Please note, we're unable to substitute breakfast items.

Breakfast Baps (Takeaway available)

Locally sourced meat and eggs, served in a soft bap roll

Cornish free range fried eggs (V/GFO) £5.25

Local bacon (GFO) £5.50

Cornish sausage £5.50

Vegan sausage (VG/GFO) £5.50

Bacon and sausage £7

The Big Breakfast Roll (GFO) £9

Local bacon, Cornish sausage, hash brown & free range fried egg

The Big Breakfast Vegan Roll (VG/GFO) £8

Vegan sausage, Portobello mushroom, guacamole & hash brown

Add egg +£1.50

Lighter Options

Wild mushrooms (V/GFO) £10.50

Wild mushrooms with eggs & spinach on sourdough

Guacamole and eggs (V/GFO) £10.50

Guacamole & eggs on sourdough, with watercress

Eggs florentine (V/GFO) £11

Poached eggs, wilted spinach & hollandaise sauce, served with sourdough

Eggs benedict (GFO) £12

Poached eggs, parma ham & hollandaise sauce, served with sourdough

Eggs royale (GFO) £14

Poached eggs, smoked salmon & hollandaise sauce, served with sourdough

Smoked salmon and scrambled eggs (GFO) £14

Scrambled eggs, mixed with smoked salmon & chives, served with sourdough

American style pancakes

+ Maple syrup (V) £7

+ Fresh berries (V) £9

+ Local bacon £10

Toast and jam or marmalade (V/GFO) £3

White or brown toast with local jam or marmalade

Children's Menu

Cereal box and milk (V) £2.50

Rice Krispies | Crunchy Nut

Cornflakes | Coco Pops

Beans on toast (VGO/GFO) £5

Eggs on toast (V/GFO) £5

Fried, scrambled or poached eggs - specify your choice when ordering.

Local bacon bap (GFO) £5.50

Cornish sausage bap (VGO) £5.50

V = Vegetarian | VG = Vegan

VO | VGO | GFO = Vegetarian | Vegan | Gluten free option available. Please ask a member of staff.

ALLERGY ADVICE

For information on food allergies and intolerances, please speak to a member of staff.

We store produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.



Hot Drinks

Espresso	£2.80
Americano	£3.25
Cappuccino	£3.50
Latte	£3.50
Add an extra shot of espresso	+£1.50
Pot of tea for one	£2.50
Fruit or herbal tea infusions	£3
Earl Grey, Camomile, Peppermint, Green tea, Ginger and Lemon, & Berry infusions	
Hot chocolate	£4
Luxury hot chocolate with whipped cream & marshmallows	£5

Cold Drinks

Orange Juice	£1.95/£3.40
Apple Juice	£1.95/£3.40
Frobishers	£3.25
Apple / Cranberry / Orange / Pineapple	
Glass of milk	£1.20

Full drinks list available at the bar.

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